

COACHING FOR RESULTS

GROW YOUR BUSINESS WITH US

A short summary of our Coaching for
Results programme



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COACHING FOR RESULTS

PERSONAL DEVELOPMENT

In today's world where effective performance is critical to individual and organisational success, the traditional 'send people on a course' is less than effective in most situations.

This two day programme arms managers with the key skills to carry out the most effective development for their team - coaching.

We help those in charge of people enable and empower their staff for greater engagement, results and motivation.



PURPOSE

The programme is designed to help managers (and others), to become effective at enabling and supporting their staff. We use accelerated learning techniques to enable them to quickly absorb the skills and knowledge needed to fundamentally change the way they manage their people, making the team independent and freeing up management time for greater value add activities.

OUTLINE

The programme covers a wide variety of material from helping people to understand the differences between coaching and mentoring, to planning a coaching session, using a range of coaching methodologies, learning about neuroplasticity, developing action planning skills and gaining a new way of thinking that becomes self driven and affects all aspects of life.

TRAINER

Robin Lodge has been involved in learning and development for over 30 years and has a wealth of knowledge gained from working with organisations across the globe.

He is renowned for his easy, yet thought provoking style that engages all delegates from the outset.

Delegates leave training with a real sense of 'can do' and do make a difference when they return to work.

OUTCOMES

By the end of the 2 days, delegates will be able to:

- State the difference between coaching and mentoring
- Use positive questioning skills
- Carry out active listening
- Carry out a structured coaching session
- Use coaching in their everyday management
- Empower and enable their staff

Programme Quotes

"At first I was a little unsure about how my team would respond to the activities but after a few sessions they really opened up and have taken more responsibility for resolving their own problems and invite feedback. I find my team a lot happier and there is a stronger bond which results in us pulling together more."

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PRICING

Early Bird Rate: £450 per person (10% discount on second person attending)

Standard Rate: £500 per person (10% discount on second person attending)

To book your place on this limited place programme drop an email to dan@rcla.co.uk

FOLLOW UP DEVELOPMENT

After this programme, why not see what our advanced coaching programme has to offer, or alternatively consider an accredited coaching qualification at Level 3 with us.

The programme is also approved by a number of organisation as evidence of coaching competency, including the Property Investor Network (PIN).

LOCATION

The training takes place at [MSE Meeting Rooms, 103a Oxford Street, Soho, London W1D 2HG](#). The best underground stations are Tottenham Court Road and Oxford Circus (both are within 500 yards of the venue). Many major bus routes run past the venue too.

INCLUDES

On the Programme

Workbooks
Recommended Text Book
Unique Coaching Pad

After the Programme

24/7 Support after the Event
Access to Dedicated Web Resources
Regular Newsletter Updates

On the Day

Tea / Coffee
Snacks
Concentration Aid

AGENDA

Day 1:

1. Defining Terms
2. Defining Coaching
3. Coaching Principles
4. Principles in Practice
5. Key Skills in Coaching
6. Key Skill Development

Day 2

1. Coaching Methodologies
2. The Four Stages
3. Using Maths to Improve
4. Skills Practice with Feedback
5. Contracts and Boundaries
6. Evaluation

DATES

Feb 6 & 7 2018
Apr 3 & 4 2018



THANK YOU

We appreciate you taking the time to read through our brochure and look forward to discussing your development in the future.

